

# Frequently Asked Questions

**Course Title:** Emotional Intelligence 360-Degree Assessment Workshop

**Course #:** 4046

**Duration:** .5 Days

**Delivery Method:** Instructor-led live classroom

**Alternative Delivery Methods:** Instructor-led online (synchronous)

## 1. What business or organizational need does this course address?

Elevate your leadership by mastering the power of emotional intelligence. In this 360-degree assessment-based workshop, you'll uncover how your emotions shape your leadership style and directly impact your team's performance. You'll learn to manage your own reactions under pressure, tune into the needs of others, and strengthen relationships that drive collaboration and results. With guided feedback and real-world strategies, you'll build a personalized action plan that turns insight into measurable growth. To ensure lasting impact, you'll also receive a 30 minute one-on-one coaching session with the facilitator—helping you refine your plan and apply emotional intelligence in ways that inspire commitment, increase engagement, and lead with confidence in any environment.

**Important:** This course requires pre-work. You'll complete a 360-degree assessment before class, including feedback from colleagues and a self-assessment, which requires 4–6 weeks of lead time.

## 2. Who should attend?

This course is intended for anyone who wants to increase their effectiveness by understanding and analyzing their emotional intelligence and use this information to inform future behaviors.

## 3. What will I learn how to do in this course?

- Apply 360-degree assessment feedback to become a more emotionally intelligent leader

## 4. What kinds of activities are included in this course?

Emotional Intelligence 360® Assessment, reading materials, telephone coaching, online survey, and in-person learning

## 5. Are there prerequisites for this course?

There are no prerequisites for this course.

# Frequently Asked Questions

Suggested:

- Participants should have strong interpersonal skills and be ready to explore how to enhance their self-awareness

## 6. Do I have to complete any prework for the course?

This course requires pre-work. You will need 4–6 weeks lead time to nominate your raters and complete a self-assessment.

Pre-program milestones:

- You will receive an email from support@envisialearning.com that provides a links to where you complete the self-assessment and select your raters to provide feedback. Deadlines for completing both tasks will be included in this email.
  - Raters should be selected no later than four weeks prior to the class date
  - The self-assessment should be completed no later than one week prior to the class date
- You will receive a personalized copy of the 360-Degree Assessment Feedback report via email one to two days before the class date. This report will be discussed in depth during the delivery.

## 7. Is this course applicable toward a professional certification?

No, this course is not applicable toward a professional certification. However, many Management Concepts courses do prepare you for professional certification programs. Click [here](#) to see a full list of professional certification programs that are supported by Management Concepts training courses.

## 8. Does this course count for credit toward a Management Concepts Certificate Program?

This is an elective course in the following program(s):

- [Business Analysis and Requirements Management Master Track](#)
- [Project Management Master Track](#)
- [Agile in Government Master Track](#)
- [Program Management Certificate Program](#)

## 9. What credits do I earn by completing this course?

The following credits are available for this course:

NASBA CPEs: 4

# Frequently Asked Questions

NASBA Field of Study: Personal Development

NASBA Level: Basic

CEUs: 0.3

PDU: 3.5

CLPs: 4

## 10. What course(s) do you recommend after I complete this course?

- [Leadership Skills and Techniques](#)
- [Emotionally Intelligent Leadership](#)

## 11. What are Additional Features?

Most courses and training solutions have **Additional Features** designed to help every learner master and retain the concepts explored in the course. You can see which Additional Features are added to this course on the course page under the **Learning Objectives & Additional Features** tab – and for a more detailed exploration of our Additional Features, you can visit [this web page](#).

## 12. What's in it for me?

Emotional intelligence is an essential leadership skill. This course provides valuable insights on how others within the organization view your emotional intelligence capabilities, and offers concrete strategies for incorporating awareness of self and others into your career. Participating in this learning experience also affords you the opportunity to meet for 30 minutes with a professional coach to develop a customized action plan for addressing feedback from the assessment.